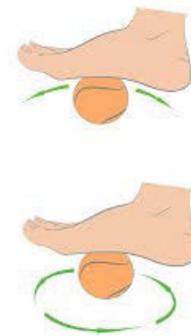


Happy Healthy Feet



- **Steel toed shoes can be hard on your feet**
- **Wait until right before your shift to put them on, and take them off as soon as your shift is over**
- **Make sure that they have good tread to prevent slips**
- **Roll the bottom of your feet on a golf ball to help keep your feet supple**